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Examining the Role of the Mind-Body Connection in Obsessive-Compulsive Disorder Symptoms

Invitation to participate in research

Examining the Role of the Mind-Body Connection in Obsessive-Compulsive Disorder Symptoms

Purpose

We would like to hear from adults (18+) with symptoms of OCD who are interested in taking part in research on the relationship between the mind-body connection and the uncomfortable sensations that often accompany compulsions. It is hoped that this research will provide insight into these 'sensory phenomena', which might help to guide development of future treatments for OCD that directly address the mind-body connection.

What's involved?

You will be asked to complete a confidential online survey at a time and place that's convenient to you. The survey should take ~30 minutes to complete. You will be asked questions about:

- Your demographic information
- Your obsessive-compulsive symptoms
- Any sensory experiences that may trigger or accompany your compulsions
- Your mind-body connection, including: your subjective sensitivity to, and awareness of internal bodily sensations; your emotional interpretation of bodily sensations; and how you use your bodily sensations to guide your behaviour.

How to take part

To learn more, click on the link below, scan the QR code or contact student researcher, Lizzie Wilson: lizzie.wilson1@live.vu.edu.au

https://vuau.qualtrics.com/jfe/form/SV_8zYpWHuGNpAksKi

