



Faith & Mental Health Conference

Friday, May 21

1–5pm ET

iocdf.org/faithconference

Navigating Anxiety in Diverse Faith-Based Communities

The International OCD Foundation is excited to present its first-ever Faith and Mental Health Conference!

This conference will address the needs of this diverse community — spanning all faiths, ethnicities, and races — for an afternoon of learning, collaboration, and support.

Whether you're a faith leader, a mental health provider, or a member of the OCD community, we hope you'll join us! **Registration for this event is free.**

Our Mission:

Faith leaders are often the first line of support for those seeking help for mental health conditions. However, faith leaders can unknowingly contribute to stigma and discourage individuals from seeking effective treatment.

The goal of this conference is to bring awareness to OCD and related disorders and to foster better relationships between faith leaders and mental health providers among diverse communities. By working together, we can help reduce stigma and provide the best support for those living with OCD and related disorders.

Who should attend:

- Faith leaders
- Mental health providers
- Individuals and loved ones in faith-based communities who are impacted by OCD and related disorders

Conference highlights:

- Hear from OCD experts, faith leaders, and individuals with OCD representing different faiths, ethnicities, and races.
- Learn how to recognize the symptoms of anxiety, OCD, and related disorders
- Understand the options available to those seeking treatment
- Learn how to integrate faith leaders and families when developing treatment plans
- Mental health providers will earn 3 CE credits
- Some panels will be available in Spanish

Register:

Thanks to our generous donors, **this event is free to the public.** Learn more and register:



Thank you to our Sponsor



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